



September, 2025 Newsletter

‘All the months are crude experiments, out of which the perfect September is made.’

— *Virginia Woolf*

September was named for the Latin “septem,” meaning seven. So how did it become the ninth month of the year?

The ancient Romans had a 10-month calendar until around 700 B.C., when January and February were added to cover winter. They were at first placed at the end of the calendar, but by around 450 B.C. had become the first two months. Thus, September was bumped back two spots in the order, but

retained its name. Initially, September had 29 days until Julius Caesar added a 30th day to the month around 45 B.C.

Locally, folks are gearing up for the Ditch Run and Fall Harvest Festival toward the end of month. As for the Compadres, we're back to our pre-summer slate of activities and have even added one more. Read on to learn more.

September Update

NEW!

MEDITATION AND STRESS REDUCTION CLASS

Cheryl Lackie has volunteered to host a three-part meditation class on consecutive Tuesdays during September.

Meditation can help reduce your stress, find some calm moments, think more clearly and be less reactive.

Have you wanted to try meditating but just didn't know how to get started? Have you had unsuccessful attempts at meditation? Want to learn to calm your mind and settle into meditation? Have you tried to meditate and just couldn't settle in? Join Cheryl to learn and try different meditation techniques. Find one that suits you. Want to re-charge your meditation practice? Learn some new methods. Refresh your practice?

Cheryl has over 30 years as an experienced meditator and has been certified to teach meditation by davidji, a world-renowned meditation and stress reduction teacher.

This three-session class will get you started. After each class you will get a recording of the meditations you have learned, so you can practice at home.

Tuesday, September 9 1:30-3 p.m.

Tuesday, September 16 1:30-3 p.m.

Tuesday, September 23 1:30-3 p.m.

The sessions will be held at Cheryl's home. There are no fees. To sign up or ask questions email her at cheryl.lackie@comcast.net See the attached flyer for details.

Happy Hour: The month's stop on the Compadres happy hour circuit is the Ex-Novo Corrales Taproom, 4896 Corrales Road. We'll meet from 4-6 p.m. Thursday, Sept. 18.

Founder and CEO Joel Gregory is a Corrales native who made his mark in the brewing industry in the Portland, Oregon, area before returning. Ex-Novo opened its Corrales facility in 2019 and has since added a second location on Central Avenue.



We'll be gathering at the Coral, which is off to the left past the food trucks as you enter the parking area. In addition to its beer menu, Ex-Novo also serves wine and cocktails. The food truck will be I Wanna Taco.

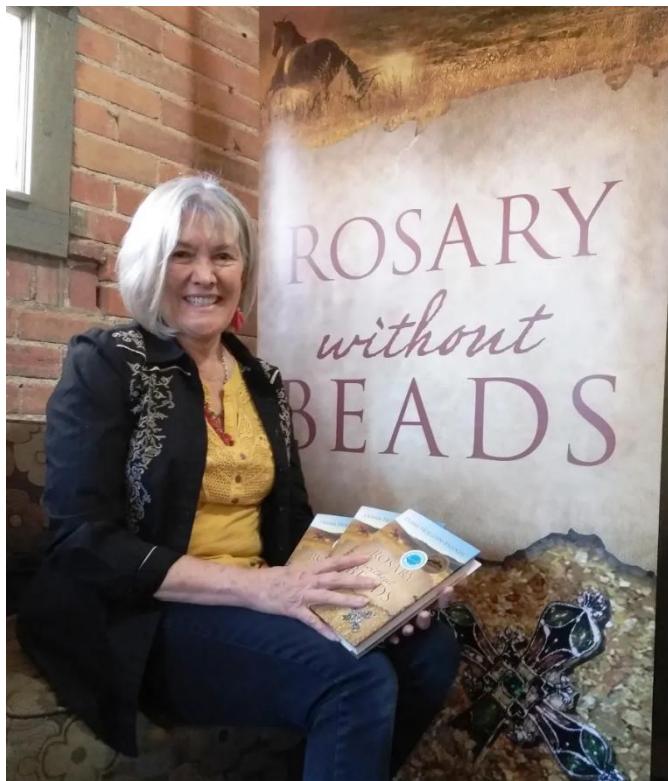
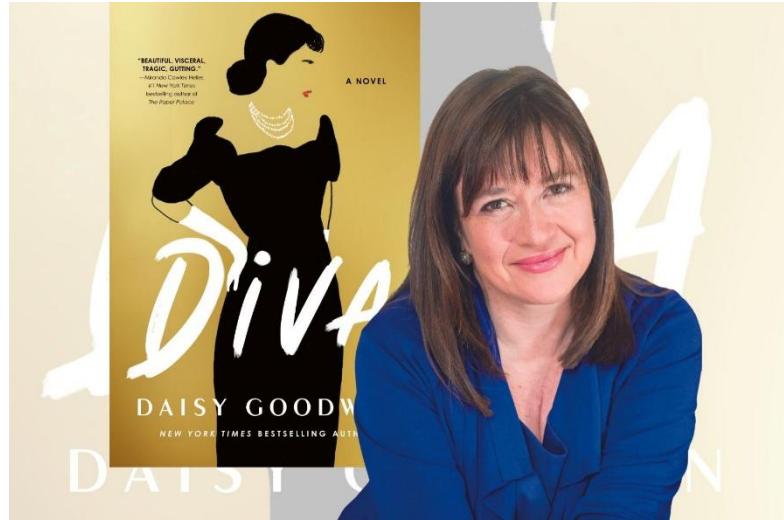
For more details, <https://exnovobrew.com/location/corrales-brewery-taproom/>

Questions can be directed to Eric Neuwirth, neuwy55@gmail.com



**Over 30
compadres
gathered at
Calavida Cantina
for our Aug. 21
happy hour, the
best turnout
since January.**

Book group: The Compadres Book Club will meet on Friday, Sept. 26, to discuss “Diva” by Daisy Goodwin. Due to the library closure and Harvest Festival, **the group will meet at Barnes & Noble** at 1:30 pm in the coffee shop space. Any questions, please contact Kay Yoest at (kayoest@centurylink.net) .



Southwest Book group: Meets Wednesday, Sept. 17, at 1:30 p.m. This month's book is “Rosary without Beads” by Diana Holguín-Balogh. Contact Bill Smith for full details. (Golfer965.bs@gmail.com).

Cooking Class: Welcome to a new series of classes. If you haven't taken a class before these are very informal and a nice opportunity to meet some new people. Because the kitchen is small, sign-up is first-come first-serve.

Just as before class size is limited so each offering will be done on either Wednesday or Thursday.

\$5 supply fee. Time: 1 p.m. If you sign up and are unable to make it, please cancel beforehand so someone else can take your place and show up on time.

Tuesday, Sept. 17, or Wednesday, Sept. 18

Smoked Salmon and Orange Salad and Easy Focaccia

Tuesday, Oct. 15, or Wednesday, Oct. 16

Egg Bites

Egg Muffins

Tuesday, Nov. 19, or Wednesday, Nov. 20

Sicilian Tuna Cannellini Bean Salad

Naan

If you have any questions or wish to sign up, please email Vicki Smith chef965@yahoo.com

Arts and Crafts classes: Beginning Tuesday, Sept. 9, Sues Winstead will teach an Arts & Crafts Class on Making a 3-D Collage, from 10am-noon.

In this class she will demonstrate making a 3-dimensional collage:

step-by-step instructions using paper, glue and a 12-inch wooden box. Cost for the class: \$20. All materials will be provided by the instructor. Contact Sues Winstead swinstead15@gmail.com



Site walks: Mark your calendar for Wednesday, Oct. 29, when we will visit the Petroglyphs National Monument, 6001 Unser Blvd NW (Western Trail intersection) There is no fee.

Meet at the visitor/information center at 9 a.m. for a nice, short video and to arrange casual carpools to the Piedras Marcadas trail head. The parking there is very limited. There are no facilities at Piedras Marcadas – (i.e., no water and no restrooms).

Plan on a 60 - 90-minute private interpretive walk with a ranger and/or very knowledgeable volunteer. The trail is flat and easy, but not accessible for wheelchairs.

Afterwards, carpool back to the visitor/information center to check out the gift shop and maybe arrange ad hoc lunches.

Your 2025 staff

Chair – Jeff Yingling, jsyingling2@verizon.net

Newsletter – Eric Neuwirth, neuwy55@gmail.com

Treasurer – Pam Young, dl.pjyoung@gmail.com

At Large – Larry Bernstein, larry.bernstein@comcast.net, Pat DeVivi, patricia.devivi@gmail.com, Bob & Sue Scott, sue@sundancebear.com or bob@sundancebear.com.

Happy Hours – Eric Neuwirth will welcome suggestions for places to visit and more volunteers exploring venues. neuwy55@gmail.com

Book Group – Kay Yoest, kayoest@centurylink.net

SW book group – Bill Smith, Golfer965.bs@gmail.com

Cooking Classes – Vicki Smith, chef965@yahoo.com

Arts and Crafts Classes – Sues Winstead at swinstead15@gmail.com

Website: CorralesCompadres.org **Email:** info@CorralesCompadres.org

Mayor's Comments

August 29, 2025

Repair of the **Old Church** is progressing and does appear to be close to the planned schedule for completion. Tanya Lattin gave an excellent report on the project at this past Tuesday's Council Meeting. It can be viewed on our YouTube site with pictures using this link: <https://youtu.be/pOkcid91xyw?si=ZWA07g1G-7R7JYzQ&t=625>. A few minor things may remain to be done when the church reopens, but it should be available on time as anything remaining will not impact its use.

On Saturday, Sept. 13, from 10-11am, there will be a **Meet n' Greet** for the **2025 Pet Mayor** Election candidates at The Village Mercantile. While many of the candidates have been spotted around the Village, this is a great chance for candidates to meet the community and solicit votes for this special election. Candidates include:

Apple, who is “Rooting for a better tomorrow”,

Billy “the GOAT, the greatest of all time,”

Clover, “vote for a cute little ASS,”

Faith, “Got Faith,”

Riley, “Pawsitively Pawfect Pet Mayor,”

Sweet T, “Flocking together for a better Village,”

Taz, “Seasoned Sophisticated Slightly Senile,”

Skywalker, “May the Furce be with you,”

Bobo, “Stealing Hearts One Hop at a Time,”

Harley, “Not all Harleys have wheels,”

Flopsy, “Fly Higher with Flopsy,”

Norbert, “the World’s First Hedgehog Mayor,”

Prince, “Our Precious Rio Shepherd of the Bosque.”

You can see the **photos** of all the candidates on the Harvest Festival website at: <https://www.corralesharvestfestival.com/2025-pet-mayoral-election/>.

Voting began July 4 and **ends at 5 p.m., Sept. 27**. The winner will be announced just prior to the pet parade on Sunday, Sept. 28.

All proceeds raised from the Pet Mayor Election go to **Corrales Animal Services**, who are dedicated to the preservation and well-being of all domestic, livestock, and wildlife animals.

Speaking of elections, Councilors in Districts 1, 3, and 4 will be running for re-election unopposed. Besides me, there will be two others **running for mayor**: Fred Hashimoto and Bob Eichhorst. Both have served on the Village Council in the past. There is still an opportunity for registering as a **write-in candidate** on Tuesday, Sept. 2, from 9 a.m. to 4 p.m. at the county clerk’s office. Tuesday is also the date for any candidate to **change their mind** and remove their name from the ballot.

The Bureau of Reclamation will start construction on the **River Mile 199 Project** in the next few weeks. Construction will run through April of 2026, and Siphon Road will be closed to public use during the entire construction period. You can learn more about the project by visiting the village website at: <https://www.corrales-nm.org/community/meeting/public-meeting-river-mile-199-project>.

On September 9, the **Bicycle and Pedestrian Advisory Committee** will be making a presentation to the Village Council with suggestions on pedestrian pathways in the Village.

The **Corrales Farmer’s Co-Op** is sponsoring **Farm Tours** on Saturday, **Sept 27**, as part of the **Harvest Festival** activities. The tours will visit four farms in the morning from 10 a.m. – noon, and then a different four farms in the afternoon from 2 – 4 p.m. If you want to see all eight farms, you will need tickets for both the morning tour and the afternoon tour. Included in that eight will be farmers that many of you know from the weekly Growers’ Market. You will have an opportunity to see how they do it and ask questions. Tickets are

\$10 and are reportedly going fast. They can be purchased at the Growers' Market.

Corrales MainStreet is selling **raffle tickets** for a **meal** produced by Chef Jon Young as a fundraiser to benefit the **Corrales Growers' Market** and its activities. Check it out when you are at the Market on Sunday or Wednesday.

The administration is still getting questions about **Ezee Fiber** from residents. Ezee Fiber was granted a franchise agreement back in March to provide the village with an **alternative high-speed internet connection**. The Village has similar franchise agreements with Comcast and Unite Private Networks, who will still be providing service to residents as Xfinity and Century Link. The fiber from Ezee Fiber is being installed at no cost to the Village, though there could be costs to individual homeowners to run fiber lines from the road to their homes. You may see their salespeople going door-to-door in the Village. These people are registered with the village and should be wearing a badge with their photo and the Village logo. They will tell you what the company can provide and how much it will cost. They can only put fiber in the Village ROW (Right of Way), not on your property, unless you approve. The administration has a **meeting set** with Ezee Fiber staff to get more information on their plans for fiber installation in the village scheduled for **Sept. 10**. We will share what we learned from that meeting in the mayor's message for that week.

HEALTH AND SAFETY UPDATE

We are seeing some **increase in respiratory illnesses**, mainly COVID. The updated 2025-2026 vaccine will be available in the next few days. Remember the vaccines are a safe and good way to gain protection from serious illness and death from COVID. Talk with your healthcare provider about timing for this year's vaccine based on your individual risks and upcoming plans. Next week's Mayor's message will have more COVID vaccine information.

Advertisements for **influenza vaccine** are out, the flu vaccine is a great way to **protect yourself**, but it also wanes in effectiveness. Timing is very important, you do not want to wait until there are high levels of flu to get your vaccine and you do not want to get it too early. The best protection is getting a flu vaccine and if you have an upcoming doctor's appointment and you know

you will not go later in the fall to get your vaccine and it is offered to you, take it now.

UPCOMING EVENTS

SUNDAY AND WEDNESDAY – Growers’ Market **9 a.m. – 12 p.m.**

MONDAY – Village offices, including the library, will be closed in observance of Labor Day

TUESDAY – Sign up for “Principles of Tea Ceremonies with Tara Cummings” to be held 9/24 at 3 p.m. at Corrales Library begins.

Contact sandra@corraleslibrary.org. Participation is limited to 12 people.

TUESDAY – Parks and Recreation Commission meeting, Perea’s Restaurant, **5:30 p.m.**

WEDNESDAY – Story Time at the library **10 a.m.**

MARK YOUR CALENDAR

9/13 Pet Mayor Candidate Meet n’ Greet event, Village Mercantile **10 – 11 a.m.**

9/21 CHS Speaker Series 2025 “How to Get Your Kicks on Route 66” presented by Ronn Perea, author, historian, and storyteller **2 p.m.** at the Historic Old San Ysidro Church. Seating limited to 150 for this FREE event.

Jim Fahey

Mayor of Corrales