

# Corrales



# Compadres

## August, 2026

## Newsletter

**‘The first week of August hangs at the very top of summer, the top of the live-long year, like the highest seat of a Ferris wheel when it pauses in its turning.’**

**- Natalie Babbitt**

August was originally called Sextilis (Latin for "sixth") in the early Roman calendar before the Roman Senate renamed it in 8 B.C. to honor Augustus Caesar. It was the sixth month in the original ten-month Roman calendar under Romulus in 753 BC, with March being the first month of the year. About 700 BC, it became the eighth month when January and February were added to the year before March by King Numa Pompilius, who also gave

it 29 days. Julius Caesar added two days when he created the [Julian calendar](#) in 46 [BC](#), giving it its modern length of 31 days. Augustus is said to have chosen this month because it was the time of several of his great triumphs, including the conquest of Egypt.

August's birthstones are the peridot, sardonyx, and spinel. Its birth flower is the gladiolus or poppy, meaning beauty, strength of character, love, marriage and family. The [Western zodiac](#) signs are [Leo](#) (until August 22) and [Virgo](#) (from August 23 onward).

## August Update

**HAPPY HOUR:** Our August happy hour will be Thursday, Aug. 27, from 4-6 p.m. at **Village Pizza**, 4266 Corrales Rd. It is the epitome of a local institution, having served pizza and other dishes since 1988. The Compadres were last there in September of 2024.

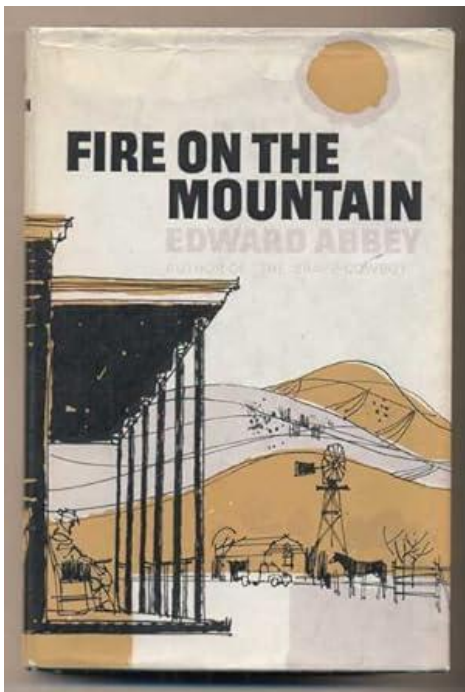
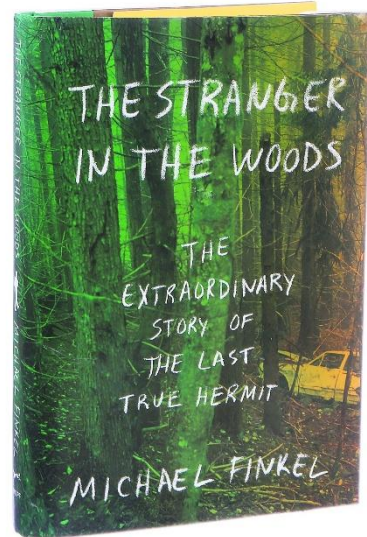
In addition to its namesake specialties, Village Pizza offers appetizers, soup, salad, calzones and spaghetti. A large assortment of beer and wine is available, as are drink specials.

To learn more, visit [villagepizzanm.com](http://villagepizzanm.com).



We plan to gather on the patio, weather permitting. If not, the interior is more than ample for a group our size. Questions can be directed to Eric Neuwirth, [neuwy55@gmail.com](mailto:neuwy55@gmail.com)

**BOOK GROUP:** The Compadres Book Club will meet on Friday, August 28 at 1:30 p.m. in the Corrales Library's Southwest Reading Room. The selection is '**The Stranger in the Woods**' by Michael Finkel. If any questions, please contact Kay Yoest at [kayoest@centurylink.net](mailto:kayoest@centurylink.net). A complete listing of 2026 books can be found on the Compadres website.



**SOUTHWEST BOOK GROUP:** Meets Wednesday, Aug. 20, at 1:30 p.m. The selection for August is '**Fire on The Mountain**' by Edward Abbey. Contact Bill Smith for full details. ([Golfer965.bs@gmail.com](mailto:Golfer965.bs@gmail.com)).

**COOKING CLASSES:** On hiatus until September.

**MEDITATION AND STRESS REDUCTION CLASS:** On hiatus until September. The September/October schedule is available in a flyer attachment to this newsletter.

## Your 2026 staff

**Chair** – Jeff Yingling, [jsyingling2@verizon.net](mailto:jsyingling2@verizon.net)

**Newsletter** – Eric Neuwirth, [neuwy55@gmail.com](mailto:neuwy55@gmail.com)

**Treasurer** – Pam Young, [dl.pjyoung@gmail.com](mailto:dl.pjyoung@gmail.com)

**At Large** – Larry Bernstein, [larry.bernstein@comcast.net](mailto:larry.bernstein@comcast.net), Pat DeVivi, [patricia.devivi@gmail.com](mailto:patricia.devivi@gmail.com), Bob & Sue Scott, [sue@sundancebear.com](mailto:sue@sundancebear.com) or [bob@sundancebear.com](mailto:bob@sundancebear.com).

**Happy Hours** – Eric Neuwirth will welcome suggestions for places to visit and more volunteers exploring venues. [neuwy55@gmail.com](mailto:neuwy55@gmail.com)

**Book Group** – Kay Yoest, [kayoest@centurylink.net](mailto:kayoest@centurylink.net)

**SW book group** – Bill Smith, [Golfer965.bs@gmail.com](mailto:Golfer965.bs@gmail.com)

**Cooking Classes** – Vicki Smith, [chef965@yahoo.com](mailto:chef965@yahoo.com)

**Meditation Classes** – Cheryl Lackie at [cheryl.lackie@comcast.net](mailto:cheryl.lackie@comcast.net)

**Website:** [CorralesCompadres.org](http://CorralesCompadres.org) **Email:** [info@CorralesCompadres.org](mailto:info@CorralesCompadres.org)

## Mayor's Comments

July 31, 2026

Last week's few rains were welcomed; they even transiently increased river **levels** and flows. However, along with that increased water, floated **large amounts** of plastic and glass bottles, straws and bags, paper plates and cups, aluminum cans and other **trash** (and even a few syringes) including bits and pieces of Styrofoam cups and coolers, which are unsightly and crumbly and can be a pain to pick up. This stuff deposited along riverbanks mostly south of Dixon.

As the **beach litter** is more prevalent below the mid-Corrales level, people have hypothesized that much of the increased water and trash could be attributed to discharge into the river from the North Diversion Channel from the east. Increased trash does not seem to be coming from sites north of Romero Road.

The **MRGCD** is aware of what happened. Although they do not have maintenance staff to do individual beach clean-ups, perhaps they could assist with a future event. In the meantime, some concerned volunteers have

taken matters into their own hands. Early Wednesday morning, Beth, Tammy, Joanie, Tom, Joe, Lesley and Margaret (and I) put on gloves and removed many bags of trash from Andrew's Lane beach; Charles and Sayre and others have also cleaned beaches. Margaret has volunteered to be a point person for people **willing to help with clean-ups**; her email is: [9mobiusm@gmail.com](mailto:9mobiusm@gmail.com)

Because the river has been unseasonably low, motor vehicles such as ATV's and dirt bikes--which are illegal in our Bosque--have been crossing over to the **Sandia Pueblo** side. The pueblo does not look kindly on such trespassing and is concerned that some of their gates will be left open and cattle will wander out, cross the river and show up in the village as has happened before.

Speaking of traffic on roads, the **black bear**, which was seen on 7/24 in the Bosque near E. La Entrada, ambled down the popular Sandoval Lateral ditch road and clambered over a resident's gate east of the lateral, hungry for some juicy fruits growing in the yard. Food and water left out for pets might attract unwanted animals; you might get a big surprise. If a bear is spotted, call NM Department of Game and Fish at 505-222-4700.

## **HEALTH AND SAFETY UPDATE**

The average person now spends **145 minutes on social media** every day. While this can be a valuable **tool** to learn about what's happening in your neighborhoods, social media can impact our mental health by fueling anxiety, depression, loneliness and can cause FOMO (fear of missing out). Additionally, there are times when someone posts an opinion that someone else then reads and believes is a statement is a fact and then that "fact" gets repeated over and over in subsequent posts. Unfortunately, the algorithms used in social media amplify emotionally stimulating content, so the more others engage with a negative post the more likely you are to see it. This stress of thinking negative things are happening in the world around you can turn into physical symptoms, including headaches, and nausea, and can lead to poor sleep and even memory issues.

The bottom line is, **don't believe everything you see on social media**. The Village does have a Facebook page but uses it sparingly. Fact check social media posts with a reputable news outlet or visit the source the information is

supposedly about. If you have a question about something you believe is happening in the Village, check the Village website at [www.corrales-nm.org](http://www.corrales-nm.org) or call the administration office at 505-897-0502. The Village staff are always happy to answer questions to make sure residents have the correct information. Your questions may even lead to us answering them in a future mayor's message to clarify an issue.

## **UPCOMING EVENTS**

**SUNDAY AND WEDNESDAY** – Corrales Growers' Market, **9 AM**

**TUESDAY** – Parks and Recreation Commission Meeting, Perea's Restaurant, **5:30 PM**

**TUESDAY** – Chess club at the library **6 PM**

**THURSDAY** – Conversational Spanish at the library **6 PM**

## **MARK YOUR CALENDAR**

**8/11** Council Work Study to discuss Traffic Code and Penalty Assessments, council chambers at 4324 Corrales Road, **6:30 PM**

**8/16** Last day of the season for the Corrales pool at the Rec Center

**8/18** Regular council meeting for August, council chambers at 4324 Corrales Road, **6:30 PM**

**8/19** Planning and Zoning Commission Meeting, council chambers at 4324 Corrales Road **6:30 PM**

**View all the Village events at <https://www.corrales-nm.org/calendar.aspx?CID=23,14>**

***Fred Hashimoto***  
***Mayor of Corrales***